



# MELÉ YOGA CLASS SCHEDULE

FEB - MAR 2024

	MON	TUE	WED	THURS	FRI	SAT	SUN
A M			Gentle & Chair Yoga East Clandon Village Hall 08:45 - 09:45		Gentle Hatha Flow & Coffee Morning Leatherhead 10:00 - 11:15 (12:30)		1st Sunday of the Month Hatha Yoga and Sound Bath St Martins Hall, E Horsley 10:00 - 13:00
	Yin Yang Yoga SHP, The Barn @ Denbies 12:00 - 13:00	Yin Yang Yoga Beaverbrook 11:15 - 12:15	Yin Yang Yoga Nuffield Health 10:30 - 11:30				
P M			Yin Yang Yoga Sequoia Yoga 13:00 - 14:00				1st Sunday of the Month Restorative Yoga and Sound Massage St Martins Hall, E Horsley 14:00 - 17:00
	Yin Yang Yoga Little Bookham Village Hall & Zoom 17:30 - 18:40			Yin Yang Yoga St Martins Hall, E Horsley 19:15 - 20:25			
	Yin Yoga SHP, The Barn @ Denbies 19:15 - 20:15	Monthly Rest n' Restore & Sound St Martins Hall, E Horsley 20:00 - 21:00	Flow to Restore Vayu Yoga 19:30 - 20:30	Monthly Restorative Yin & Sound St Martins Hall, E Horsley 20:35 - 21:35			

Green - Mele Yoga Open classes. Book via my website. Open schedule reduces in the holidays.  
 Purple - Book Direct with Studio / Members Club / Corporate Classes  
 Starting 5th February 2024 - Subject to change. v1.0

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